

2023

GENDER STUDIES IN PHYSICAL EDUCATION AND SPORTS

Paper : MPEC-403

Full Marks : 70

The figures in the margin indicate full marks.

Candidates are required to give their answers in their own words as far as practicable.

1. What is gender? What problems do the transgender people face? What are the principles of women empowerment? Which measures should be taken to develop women empowerment? 3+3+3+6

Or,

Why is social integration necessary for women development? In what way can social integration of women be promoted? 8+7

2. How can we learn socialization practices for all genders equally in our family and educational institutions? 7+8

Or,

Describe the development of Gender Studies in Physical Education curriculum since independence. 15

3. How is gender equity important in establishing gender equality? How can we promote gender equity through Physical Education and Sports? 5+10

Or,

Discuss the role of a teacher in changing, challenging and transforming gender norms. 15

4. Write notes on (*any two*) : 7½×2

- (a) Problems of women in sports participation.
- (b) Role of media in gender sensitization.
- (c) Importance of leadership in gender equality .
- (d) Steps to develop self-esteem.
- (e) Importance of Gender Studies in Physical Education curriculum.

5. Answer the following MCQs by choosing the correct option and writing it on your answer scripts (*any ten*) : 1×10

- (a) Where did women studies begin as an academic discipline?
- (i) France
 - (ii) USA
 - (iii) Switzerland
 - (iv) England

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- (b) _____ refers to a person's biological and physiological characteristics.
- (i) Sex (ii) Gender
(iii) Personality (iv) Behaviour.
- (c) Child Sex Ratio according to 2011 census is
- (i) 900 (ii) 914
(iii) 924 (iv) 940.
- (d) Strong, persistent feelings of identification with the opposite gender and discomfort with one's own assigned sex is _____
- (i) gender identity disorder (ii) personality disorder
(iii) identity crisis (iv) role distance.
- (e) Feminist movements are aimed at
- (i) liberty (ii) equality
(iii) participation (iv) empowerment.
- (f) Women in India are discriminated in
- (i) political life (ii) social life
(iii) economic life (iv) All of these.
- (g) "A woman or a man who believes in equal rights and opportunities for men and women." Select the correct option for the definition.
- (i) feminist (ii) patriarchy
(iii) caste hierarchy (iv) social change.
- (h) The act which provides for equal wages to men and women for equal work is
- (i) Equal Salary Act (ii) Hindu Succession Act
(iii) Equal Remuneration Act (iv) Equal Wage Act.
- (i) Which one of the following pairs is not correctly matched?
- (i) Kishori Shakti Yojana – National Programme for Adolescent Girls
(ii) AYUSH - Programme to revitalize local Health Traditions
(iii) SWADHAR - Programme for women in difficult circumstances
(iv) Janani Suraksha Yojana - Programme for disabled mothers.
- (j) Which is the monthly newsletter of National Commission for Women?
- (i) Rashtra Mahila (ii) India Calling
(iii) Manushi (iv) Women.

(k) Unequal or disadvantageous treatment of an individual or group of individual based on gender is

- (i) Gender identity
- (ii) Gender stereotype
- (iii) Gender discrimination
- (iv) Gender identity disorder.

(l) Full form of N.C.W. is

- (i) National Council for Women
 - (ii) National Committee for Women
 - (iii) National Commission for Women
 - (iv) National Cooperation for Women.
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